

FOOD AT SCHOOL POLICIES

Treats can be a fun way to share good times together, but the responsibility to keep each child safe and healthy at school is imperative. The following policies have been developed with the assistance of an advisory committee made up of staff members and parents. Please keep in mind the following when reviewing them:

- In recent years there has been an increase of students with serious, even life-threatening allergies.
- Childhood obesity poses a significant concern across our nation.

Thank you for your cooperation.

Nutrition Snacks

Educational research suggests that students require nutrition at regular intervals throughout the day. In addition to a healthy breakfast, lunch, and dinner, students are encouraged to eat a daily nutrition snack at a time designated by the classroom teacher. This opportunity to “feed the brain” is voluntary but strongly encouraged. Only healthy snacks are permitted. Dessert-type snacks will not be allowed.

Food/Treats at School

To insure the safety of all students, any food brought into classrooms by parents or staff members must be commercially prepared with a preprinted ingredient statement and nutritional label. In addition, prior approval from the classroom teacher and nurse is required. Three days notice will be necessary for the review of nutritional information to secure this approval.

Food items or treats will not be permitted during presentations for “All About Me” and Art Awareness, etc.

Special room events are sponsored by the PTA in conjunction with Fall, Valentine’s Day, and Spring Break. Crafts made from food products, candy in valentines, and/or take home treats will not be permitted. These special event days will be “double snack days.” Your child is welcome to bring the “additional” healthy snack to enjoy during PTA parties.

Birthday Celebrations

Birthdays, including half-birthdays for those whose birthdays do not occur while school is in session, are recognized during morning announcements and include a trip to the office for a birthday pencil. A classroom gift such as a game for indoor recess or special book is a welcomed salute to the birthday child. Treats are not allowed.